

Northwest Regional Burn Model System

UW Medicine Regional Burn Center
at Harborview Medical Center

Seattle, Washington



Fall 2013

Newsletter

What's New?

October 2013 The National Fire Protection Agency (NFPA) has designated October 6 -12, 2013 as Fire Prevention Week. This year the focus is on preventing kitchen fires. Go to:
<http://www.nfpa.org/press-room/news-releases/2013/nfpa-offers-tools-tips-and-resources-for-octobers-fire-prevention-week>

October - December 2013 Join us on our social media outlets



A Year In Review

September 30th marks the end of our first year of funding from the National Institute on Disability and Rehabilitation Research (NIDRR) for the current Burn Model System (BMS) research grant cycle (October 1, 2012 - September 30, 2017). What have we accomplished during this past year?

- Increased our dissemination efforts using our NWRBMS Facebook and Twitter pages
- Promoted a month-long Burn Prevention series using key members of the UW Regional Burn Center team during Burn Injury Prevention month (March 2013)
- Developed our new Return to Work educational website
- Organized a 'hot topic' video concerning Returning to Work after a Burn Injury - filmed here at Harborview Medical Center
- Began subject enrollment for the study that investigates the use of hypnosis for control of postburn pain and itching
- Continued to enroll subjects into our 2-year, long-term follow-up study of burn survivors
- Worked with our BMS colleagues and submitted over 7 abstracts for consideration to the next annual meeting of the American Burn Association

NWRBMS Fall 2013 Newsletter

If you would like to receive a copy of our newsletter, email us at NWRBMS@uw.edu and request either an email or paper copy. Please include the appropriate email or postal address with your request.



An aerial photograph of Harborview Medical Center in Seattle, WA

The UW Medicine Regional Burn Center is located on the 8th and 9th floors of the hospital

Fire Prevention Week

October 6 -12, 2013

Fire Prevention Week was first established to commemorate the Great Chicago Fire of 1871. This devastating fire killed more than 250 people, left 100,000 people without a home and burned more than 2,000 acres. The fire began on October 8th and continued to burn the following day - where it is reported that it did most of the damage.

In 1920, President Woodrow Wilson issued the first National Fire Prevention Day and since 1922, Fire Prevention Week has been observed during the

week in which October 9th falls. (www.nfpa.org, accessed September 30, 2013)

For 2013, the National Fire Protection Agency (NFPA) has chosen to focus their Fire Prevention campaign on preventing kitchen fires.

This website, <http://www.nfpa.org/safety-information/fire-prevention-week> provides important educational material to include: fire prevention facts and safety tips, a fire safety quiz, informational products for teachers, kids, families, populations at-risk, and fire service personnel.

Sparky the Fire Dog is featured in several videos aimed at a younger audience - hoping to instill 'rules' about kitchen safety.

We are joining the campaign and focusing our fire prevention efforts in the kitchen.

Did you know?

More fires start in the kitchen than in any other part of the home!

Cooking causes most kitchen fires.

In the United States, over 3,000 kitchen fires are reported each day.

Visit our website at <http://burnrehab.washington.edu/>

Fire Prevention in the Kitchen



Never leave food cooking on top of the stove - unattended.

Create a 'kid-free' zone of at least 3 feet around the stove or oven.

Turn pot handles toward the middle or back of the stove.

Turn stovetop flames OFF before reaching above or across the stove.