

Northwest Regional Burn Model System

UW Medicine Regional Burn Center
at Harborview Medical Center

Seattle, Washington



Summer 2013

Newsletter

What's New?

July 2013 Download a copy of the new ABA Consensus paper (285KG) at
<http://burnrehab.washington.edu/sites/burnrehab/files/files/ABA%20Consensus%20paper%202013.pdf>

July - September 2013 Two camps for burn survivors and family members are available this summer. Visit
<http://nwburn.org/summer-camp/> AND
<http://campeyabsut.org/> for more information.



ABA Consensus Paper - *Published*

In February 2012 the American Burn Association (ABA) – under the direction of then-President, Nicole S. Gibran, MD, FACS (project director of the NIDRR-funded Northwest Regional Burn Model System) – convened an American Burn Association Burn Quality Consensus Conference to define burn-specific outcome metrics in five areas: functional outcomes, nutrition, psychological outcomes, fluid resuscitation, and wound repair. Over 100 burn specialists participated in the conference and in the subsequent development of white papers that outline metrics for each of these five areas, thus providing benchmarks for important quality outcomes. This important new guideline was recently published and can be accessed in the *Journal of Burn Care & Research* 2013; 34(4): 361-85.

Why is the measurement of outcomes important? According to the National Quality Forum (<http://www.qualityforum.org>), they are key to achieving the following benefits:

1. Measures drive improvement
2. Measures inform consumers
3. Measures influence payment

This paper represents a necessary step in establishing important benchmarks (outcome metrics) in burn care.

NWRBMS Summer 2013 Newsletter

If you would like to receive a copy of our newsletter, email us at NWRBMS@uw.edu and request either an email or paper copy. Please include the appropriate email or postal address with your request.



An aerial photograph of Harborview Medical Center

The UW Medicine Regional Burn Center is located on the 8th and 9th floors of the hospital

Be Safe This Summer

Outdoor Safety Can NEVER Be Over-Emphasized!

During Burn Injury Prevention month (March 2013) the burn team at the UW Medicine Regional Burn Center shared safety tips that focused on how to stay safe during the upcoming holidays (Memorial Day/ July 4th) and when grilling and camping.

The following tips are a reminder of how to stay safe during these warm summer months while enjoying the great outdoors with family and friends.

BBQ/Grilling Safety:

- Never use gasoline to start or enhance the flames of your BBQ.
- Don't add charcoal lighter fluid once the fire or grill has started.
- Location is important when it comes to placing your grill or smoker. Place them outside, well away from any buildings or other combustible material.
- Supervise children carefully when a BBQ grill is in use.
- Keep your grill clean from grease build-up. A clean grill is a safer grill, whether it is charcoal or gas.

Outdoor Safety:

- Most tents will burn so keep all sources of heat or flames a safe distance away. Use only battery or electrically operated lights in or near tents.
- Create a kid-free zone around a campfire. According to a review of pediatric campfire injuries (Klein MB et al, *J Burn Care Rehabil* 2005; 26:440-442), children sustain campfire burns from falling into the fire or into a fire pit and by touching the embers around an already-extinguished fire.

Visit our website at <http://burnrehab.washington.edu/>

Share these tips concerning the use of home carbon monoxide detectors

Every home should have at least 1 carbon monoxide (CO) detector placed in a central location. Follow manufacturer's instructions for placement and mounting height.



If the CO detector alarms, immediately move to a fresh air location outdoors or by an open window. Call for help from that fresh air location and stay there until emergency personnel arrive.