## Northwest Regional Burn Model System

UW Medicine Regional Burn Center at Harborview Medical Center

Seattle, Washington



Winter 2016 Newsletter

### What's New?

May 3-6, The 48<sup>th</sup> Annual ABA meeting in Las Vegas, NV is coming soon.

To learn more about this meeting, visit the ABA website: http://www.ameriburn.org

July 17-23, Camp Eyabsut is coming soon!

Visit <a href="http://campeyabsut.org/">http://campeyabsut.org/</a> for more information and registration/camper and counselor forms.

Check us out on Facebook and Twitter @NWRBMS





#### 48<sup>th</sup> Annual Meeting of the American Burn Association

Every year Burn Center clinicians (doctors, nurses, therapists, dieticians, psychologists), researchers, firefighters, and burn survivors from around the world gather to share important burn care and injury prevention information and research findings. The Annual Meeting of the American Burn Association (ABA) will be held in Las Vegas, NV during the week of May 3-6, 2016.

Given that research is the focus of the Northwest Regional Burn Model System (NWRBMS) grant and a mission of the UW Medicine Regional Burn Center, many clinicians from Harborview Medical Center will be speaking.

**Who** will be presenting and what will they be talking about? The list below provides you with a snapshot of our ABA educational efforts:

- Shelley Wiechman PhD, ABPP Physical and mental health after a burn injury; Psychological management of Post-ICU Syndrome
- Gretchen Carrougher RN, MN How to improve retention in longitudinal studies of burn survivors; International outreach global prevention efforts
- Shari Honari RN, BSN Long-term outcomes of people with Toxic Epidermal Necrolysis (TEN) Syndrome
- Callie Thompson, MD Long-term outcomes of survivors with pre-injury alcohol and drug abuse histories
- Sabina Brych, BS How to facilitate return to work after a burn injury
- Elisha Brownson, MD Use of video-conferencing during follow-up care
- Max Seaton, MD Liver injury for patients with TEN Syndrome
- Tara Lerew RN, BSN Nursing care for procedural wound management
- Andrea Dai, BS Global preparedness for large scale burn disasters
- Nicole Gibran, MD, FACS Delirium and Post-ICU Syndrome: Gaps in our knowledge and implications for research

#### **NWRBMS Winter 2016 Newsletter**

If you would like to receive a copy of our newsletter, email us at <a href="https://www.edu">NWRBMS@uw.edu</a> and request either an email or paper copy. Please include the appropriate email or postal address with your request.



# **NWRBMS** Consumer Advisory Board

# Want to be more involved with the UW Burn Center research planning efforts?

### Want to get involved in the future of our burn care research efforts?

The Northwest Regional Burn Model System (NWRBMS) research program seeks interested people to provide a *consumer perspective* to our research and planning efforts. It is important that when we design new research programs, write new grant applications and consumer informational brochures we involve those most affected. For that reason we seek burn survivors and their families to participate in our Consumer Advisory Board.

What does that mean -- get involved in our Consumer Advisory Board or CAB?

As we plan future research studies and demonstration projects, we need to ensure that they reflect what is most important to those affected by a burn injury.

We may ask you to participate in focus group discussions or read draft proposals and comment. All in an effort to ensure that our studies makes sense to those who will benefit and possibly, participate in the research.

Participation in the CAB is voluntary and the time commitment will vary depending on the task at hand. The majority of our CAB participation is accomplished using email or telephone communications.

We also are looking for people to be interviewed over the phone by colleagues from the Model Systems Knowledge Translation Center (MSKTC) who help us develop consumer fact sheets that are written by clinicians and researchers and are reviewed by consumers to ensure readability and applicability to burn survivors and their families.

If you are interested in serving on the NWRBMS Consumer Advisory Board or have additional questions about NWRBMS research, please contact Gretchen Carrougher at 206-744-2866 or by email at nwrbms@uw.edu.

### Visit our website at http://burnrehab.washington.edu/

Scald Prevention Tips When Using a Microwave



Prepackaged microwavable soups are a frequent cause of scald burn injuries (especially

noodle soups) because they can easily tip over, pouring hot liquid (and noodles) on a person.

Open microwaved food slowly, away from the face.

Never heat a baby bottle in a microwave oven. Heat them in warm water from the faucet.

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