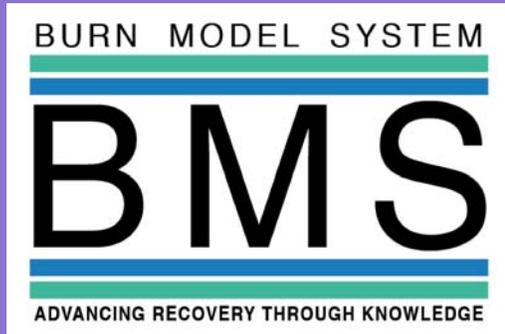


Northwest Regional Burn Model System

UW Medicine Regional Burn Center
at Harborview Medical Center

Seattle, Washington



Fall 2016

Newsletter

What's New?

October 9-15, 2016 **Fire Prevention Week** – This year's campaign is the final year of a 3-year effort to educate the public about basic but essential elements of smoke alarm safety.

October 19-22, 2016 **Phoenix World Burn Congress 2016** - Visit www.phoenix-society.org/wbc/location-registration for more information and online registration.

Check us out on Facebook and Twitter
@NWRBMS



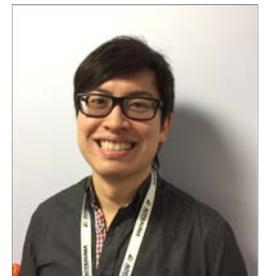
Welcome New Burn Fellows!

The UW Medicine Regional Burn Center at Harborview Medical Center provides a 1-year Burn Surgical Critical Care Fellowship. Our aim is to train the next generation of burn surgical leaders, emphasizing the interdisciplinary specialized care required from the time of injury through rehabilitation. These 'burn fellows' participate in a wide range of experiences from early to the long-term care of our burn-injured patients. This includes overseeing management of acutely burned patients, planning the surgical strategy to include scar management and surgical reconstruction.



In August, two fellows began their burn critical care training for the 2016-17 academic year. Dr. Chin did her General Surgery residency at the University of Colorado (2016). She completed a Masters in Public Health from the Colorado School of Public Health while doing trauma research. Dr. Chin has an interest in international healthcare with experience in primary care satellite clinics with the Christian Medical and Dental Association in San Salvador, El Salvador. Dr. Chin enjoys outdoor activities including rock climbing, hiking and camping.

Dr. Joshua Wong is from Canada where he received his medical training. Dr. Wong obtained his Doctor of Medicine (2009) and then went on to complete a Plastic Surgery residency program from the University of Alberta. His research interests include the study of nerve injuries and improving nerve regeneration. When not at the hospital, Dr. Wong enjoys playing guitar, ice hockey and cooking. He also is a competitive eating champion.



Welcome Dr. Chin and Dr. Wong to UW Medicine Regional Burn Center and to the beautiful Northwest. We are glad you are here!

NWRBMS Fall 2016 Newsletter

If you would like to receive a copy of our newsletter, email us at NWRBMS@uw.edu and request either an email or paper copy. Please include the appropriate email or postal address with your request.

The way people react can make it more difficult to feel confident during social interactions. While some burn survivors are not bothered by the reactions of others, you may find it helpful to learn social skills to face these challenges. A social interaction after burn injury slideshow is available at: <http://www.msktc.org/burn/slideshows/Social-Interaction-After-Burn-Injury>



Phoenix World Burn Congress

The Phoenix World Burn Congress (WBC) is an annual international conference that brings together more than 900 burn survivors, family members, friends, caregivers, burn care professional, and firefighters. The 28th Annual Phoenix WBC will be held at the Rhode Island Convention Center, Providence, Rhode Island, October 19-22, 2016. At this year's event, featured speakers include burn survivors, members of the fire service and burn care professionals including our own Dr. Shelley Wiechman. Dr. Wiechman, UW Burn Center attending psychologist, will moderate a workshop, 'Posttraumatic Growth and Resiliency' on Friday, October 21st. This interactive workshop will use positive psychology and performance techniques that elite athletes use to achieve peak performance. Workshop participants will learn practical steps for nurturing resiliency that is consistent with their own values and goals.

E-cigarette Explosion Injuries

E-cigarette use is on the rise among current, former, and never smokers. The internal lithium ion battery is just one of many parts that make e-cigarettes different from conventional tobacco products. But the batteries are dangerous. They overheat and cause fires or explosions. This is known as "thermal runaway."

Explosions from e-cigarettes are somewhat rare. From 2009 to 2014, media outlets reported only 25 such incidents in the United States. But medical teams now report more such explosions. Here at the UW Burn Center we have just published a report on 15 individuals treated for injuries from e-cigarette explosions. Injuries were caused by flame or chemical burns and blasts. Treatment often requires complex care from several medical specialists. With e-cigarette use on the rise, hospitals, including Harborview Medical Center will likely see more injuries from e-cigarette explosions. Most patients are young, but the age range is expanding – highlighting the need for broad public health efforts and education.

A *Quick Review* using consumer-friendly language on this topic is available at <http://www.msktc.org/burn/Quick-Reviews-3>. The NWRBMS has used our social media sources to spread the word about this danger. If you haven't read our posts and tweets on the subject, visit us on Facebook or Twitter. Help us get the word around by retweeting our message and sharing our facebook posts.

Visit our website at <http://burnrehab.washington.edu/>

Fire Prevention Week
October 9 – 15, 2016



2016 Fire Prevention Week
campaign:

'Don't Wait-Check the Date!

Replace Smoke Alarms Every 10
Years'.

- Know how old all smoke alarms are in your home.
- To find out how old a smoke alarm is, look at the date of manufacture on the back of the alarm
- The alarm should be replaced 10 years from that date.

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