

# Exercise after hospital discharge is important!

***If you agree, we'd like to talk to you!***

**We are recruiting adult burn patients who meet the following criteria:**

- Have a home to return to after hospital discharge
- Have a television, internet connection and phone at home
- Willing to share your weekly activity for 3 months after hospital discharge

If you are interested in learning more, please contact Gretchen Carrouger at **744-2866** or email **carrough@uw.edu**



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**The Northwest Regional Burn Model System**

[www.burnrehab.washington.edu](http://www.burnrehab.washington.edu)