



## Northwest Regional Burn Model System

Summer 2021

### Burn Survivors Comment on BMS Research

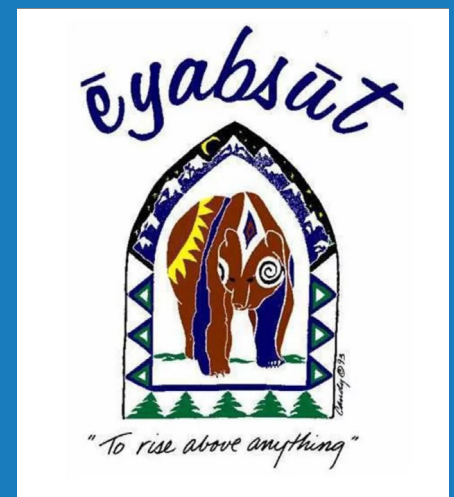


In a recent *Journal of Burn Care & Research* publication<sup>1</sup>, members of the NWRBMS research team authored a manuscript in which over 25 years of Burn Model Systems (BMS) research was highlighted. What makes this publication unique is that 3 adult burn survivors contributed to the report with comments on whether findings had impact on their personal recovery after injury. Chris Madison, one of the collaborators, was instrumental in demonstrating that many of our research outcomes have made a significant impact. Chris reinforced our understanding that the 'value of any clinical research must have relevance to the lives of the study population'<sup>1</sup>. This paper can be accessed from the NWRBMS website under Research: Publications [nwrbms.uw.edu/research/publications/](http://nwrbms.uw.edu/research/publications/).

Thank you Chris for your contribution to our research and our efforts to disseminate critical information to clinicians and patients alike.

<sup>1</sup> Carrougher GJ et al. 'Living Well' After Burn Injury: Using Case Reports to Illustrate Significant Contributions From the Burn Model System Research Program'. *J Burn Care Res* 7;42(3):398-407.

### CAMP EYABSUT 2021 IS COMING SOON



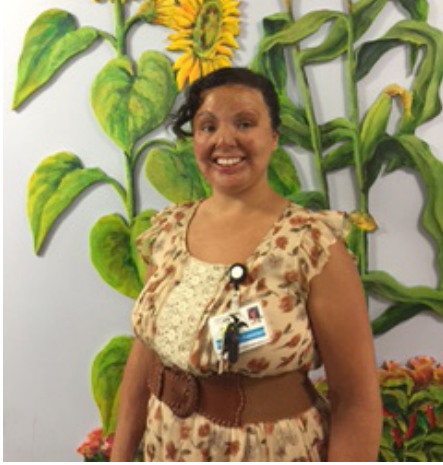
Camp Eyabsut is scheduled for July 18-24, 2021 at the Camp Waskowitz facility in North Bend, WA. It will be a fun-filled week for all campers, ages 5 to 17, with the theme 'Eyabsut Meets the Wild West'.

The camper application packet (application form, physical, and consent waiver) is available online at [www.campeyabsut.org](http://www.campeyabsut.org). All forms need to be completed and returned by Monday, June 10, 2021 via scan/email to [eyabsut@gmail.com](mailto:eyabsut@gmail.com) OR faxed to 877-449-3896.

Have fun campers!

## UPDATE ON OUR BMS RESEARCH EFFORTS

If you are participating in one of our NWRBMS research studies, you have likely heard from Claudia Baker - our Research Assistant.



Claudia works hard at reaching all study participants during their study follow-up period. Thank you for answering her calls and/or for sending in your study paperwork. It is only because of you that we can answer important questions regarding recovery after injury.

If you have questions regarding current or future study participation for the Burn Model Systems, email Gretchen Carrouger at [nwrbms@uw.edu](mailto:nwrbms@uw.edu).

## Virtual Home Rehabilitation Study Update



Physical rehabilitation at home after hospitalization for a burn injury is important for recovery. We are always looking for ways to make home rehab more engaging, like our ongoing Virtual Home Rehabilitation Study. Participants who randomize to the experimental condition in this study are sent home with an Xbox Kinect equipped with Jintronix software, an interactive therapeutic platform. Each exercise program is custom made by research staff and makes use of a points system like a videogame.

We want to find out how a virtual home rehab system like Jintronix might impact physical activity, sleep and quality of life for people in their first year following a burn injury. We have currently enrolled 44 of 50 study participants and hope to report our findings in 2022. Thank you to our staff at Harborview who work hard to identify study candidates, and a big thank you to all our participants!

image attribution: [jintronix.com](http://jintronix.com)

### Campfire Injury Prevention Tips:

- Know the rules. Before you strike a match, make sure you know the fire regulations of the campground or wilderness area in which you are planning to build a fire.
- In campgrounds or recreational areas, use the designated stoves, rings, or fire pits.
- Keep water handy. Water is the best and fastest way to extinguish your campfire.
- Be careful with kids and pets - set a perimeter around the firepit where kids should not step.

BURN MODEL SYSTEM

# BMS

ADVANCING RECOVERY THROUGH KNOWLEDGE

### Visit us online and social media

The NWRBMS maintains an active social media presence on both Facebook and Twitter. To follow/join us on Facebook, search "Northwest Regional Burn Model System". From Twitter, search "@NWRBMS" or go to [twitter.com/nwrbms](https://twitter.com/nwrbms).

Please visit our website for more information:  
[nwrbms.uw.edu](http://nwrbms.uw.edu)

