

Northwest Regional Burn Model System

Spring 2022

NWRBMS Investigation Wins Clinical Research Award



Arjun Bhalla, PhD (lead investigator) of the study, *Posttraumatic Stress Disorder (PTSD) Symptom Clusters as Predictors of Pain Interference in Burn Survivors*, was awarded the American Burn Association (ABA) Clinical Research Award at the recent Annual Meeting of the ABA. This study aimed to evaluate the relationship between 4 clusters of PTSD symptoms and pain interference using BMS national data. An important clinical finding was that early treatment of PTSD symptoms may help with pain management. Dr. Shelley Wiechman (UW Burn Center Attending Psychologist and senior author) accepted the award on Dr. Bhalla's behalf.

NICOLE GIBRAN, MD AWARDED ABA LIFETIME ACHIEVEMENT AWARD



Dr. Nicole Gibran, former UW Medicine Regional Burn Center Medical Director and past NWRBMS Project Director was recognized at the 54th Annual Meeting of the ABA with the American Burn Association Lifetime Achievement Award. This recognition is awarded to an individual who has demonstrated a lifetime of outstanding achievement and contributions to the field of burn care. Congratulations, Dr. Gibran on this recognition and thank you for all that you have done for those in the burn community, including our NWRBMS research efforts and achievements.

WELCOME ZAINAB TO OUR RESEARCH TEAM



Zainab Ali has joined the NWRBMS team as our new Research Assistant. In this role, Ms. Ali will work closely with other members of our team to enroll and collect study information for all NWRBMS study participants. On a personal note, having been injured when she was 14, Zainab is a burn survivor. Zainab's research interests are focused on burn rehabilitation, infection prevention, wound healing, pain control, and outcome maximization for those living with a burn injury. Her interests certainly align with those of our research efforts. Please join us in welcoming Zainab to our team!

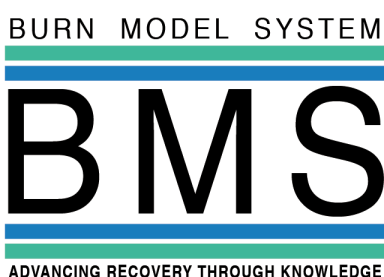
Chris and Ashley Madison Join the Team at ABA



Our friends and NWRBMS Consumer Advisory Board (CAB) members joined the UW Team at the ABA in early April. Chris engaged with other burn survivors and clinicians to discuss whether burn injuries should be considered a chronic condition. There was a robust discussion that has set the stage for further discourse and research efforts. Thank you both for your continued support for our center and of our NWRBMS research. Chris and Ashley are photographed here with Jody Sabel (center), UW Burn Center Occupational Therapist.

What is a Scald Injury?

A scald burn is caused by *hot liquid or steam*. If injured, remove any wet clothing, and run cool water over the injured area to slow the burning process. Do not use ice as that can make the injury worse. Bathing and kitchen-related incidents are the most common causes of scald burns.



Visit us online and social media

The NWRBMS maintains an active social media presence on both Facebook and Twitter. To follow/join us on Facebook, search "Northwest Regional Burn Model System". From Twitter, search "@NWRBMS" or go to twitter.com/nwrbsms.

Please visit our website for more information:
nwrbsms.uw.edu

