

NWRBMS

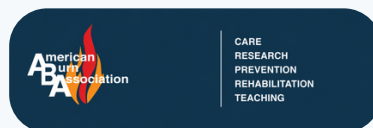
Fall 2026 Newsletter

— Northwest Regional Burn Model System

01 · Conference recap

2026 ABA Annual Meeting

Our team shared its research at the American Burn Association's yearly national meeting — and came home with five awards!



10

Talks given

4

Research posters

2

Featured presentations

5

Awards won



Team NWRBMS & co. at ABA 2026

Award winners

3× Best in Category Poster

Maiya Pacleb

Measuring Financial Hardship After Burn Injury: Feasibility and Early Patient-Reported Findings from a Longitudinal Cohort Study

Money stress appears common after a burn, and financial support may be a key part of recovery.

David Crawford

A Quality Improvement Project on Real-time Tracking of Acute Burn Wound Closure

A pilot approach to tracking wound healing in real time, from hospital to clinic.

Anusha Jayaram

A Mixed-Methods Photographic Analysis of Cookstove Arrangements in Rural, Urban, and Slum Communities of Nepal

Many home cooking setups in Nepal showed burn risks, especially in rural areas.

ABA Nursing Leadership Award

Gretchen J. Carrouger

Inaugural recipient, honoring decades of burn nursing leadership.

Clinical Research Paper Award

Joseph (Joe) Grobowski

Longitudinal Trajectories of Health-Related Quality of Life and Life Satisfaction after Major Burn Injury: A Multicenter Cohort Study

Physical health improves over time, and burn size doesn't appear to determine mental health or life satisfaction.



02 • Welcome

Welcome, Randi!

Burn Research Study Assistant

Randi Perry is a 4th-year medical student at the University of Washington School of Medicine, taking a year to explore their interest in research. After studying Public Health-Global Health during their undergraduate education, they are excited to apply these skills in the context of burns research. They are particularly interested in improving access to care for low-resource and non-English-speaking populations and hope to accomplish this by better understanding the barriers these individuals encounter and how care teams can leverage these communities' pre-existing strengths. Randi is currently considering Surgery or Emergency Medicine as their future specialty and is excited to see where life takes them.

03 • Farewell

So long, Simrat!

Simrat, one of our research assistants, is leaving to complete her final year of medical school. Her research year with the NWRBMS team helped her narrow her choice of practice to Physical Medicine and Rehabilitation. We're rooting for her this residency application cycle. Best of luck, Simrat! #FuturePhysiatrist



04 • Fall fire safety

Bonfire Safety

Burns from bonfires and backyard fires are common every fall — and most of them are preventable.



No gasoline. Ever.

Gas, kerosene and lighter fluid vapors flash back and explode. Start fires with paper and kindling only.

Be careful of what you burn

Stick to dry, untreated firewood. Plastics, aerosol cans, batteries, glass and painted wood can explode or give off toxic smoke.

3-feet no heat

Keep kids and pets well back from the flames, and never leave a fire unattended.

Water on standby

Keep water and a shovel close. To put it out, drown it, stir, and drown again.

Pick a safe spot

Away from houses, fences and low branches. Check for local burn bans first.

Watch the wind

Skip it on windy days — embers can travel far and catch grass, trees or roofs.

If a burn happens

Cool it under cool running water for 20 minutes — no ice, butter or ointments. Clothes on fire? Stop, drop & roll. Call 911 for large burns or burns to the face, hands, feet or groin.



Free burn resources

mskctc.org/BURN

Topic ideas or questions? Email us at NWRBMS@uw.edu

BURN MODEL SYSTEM

BMS

ADVANCING RECOVERY THROUGH KNOWLEDGE